

# QUARTERLY NEWSLETTER

July 2019- September 2019



## School for Potential Advancement and Restoration of Confidence (SPARC) India

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## INTRODUCTION

**School for Potential Advancement and Restoration of Confidence (SPARC)-India** is a non-profit organization with its Head Office in Lucknow, Uttar Pradesh (UP) and has been in its existence for more than 23 years now. The Founder Director and Chairperson, **Dr. Amitabh Mehrotra** is himself having Cerebral Palsy (CP) with mild spasticity since birth and it was his cherished dream to work for the cause of disability. He did his Post graduation from Tata Institute of Social Sciences (TISS), Mumbai and served Corporate and CSOs in Bihar and UP. Recently, he completed his PhD from Department of Psychology, University of Lucknow and was awarded **PhD degree in Applied Psychology**. At present he is nominated as **member** in **Steering Committee of State Election Commission, Government of Uttar Pradesh** and nominated as **member** (renewed) of **State Coordination Committee on Disability**. He is also **member** of **State Advisory Board on Disability of Uttar Pradesh**.

SPARC-India was formed in 1995 and registered in July 1996, as a voluntary organization which aimed to empower people with various disabilities especially people with CP. SPARC-India started its Community Based Rehabilitation (CBR) program in the year 1996 for persons with disabilities (PwDs) in the urban slums of Lucknow. The thrust of the program was on health and medical rehabilitation, formation of Disabled Persons Organizations (DPOs) / Self-Help Groups (SHGs) of PwDs & their families and to establish linkages with the government schemes.

In due course of time, SPARC-India gradually established **Jyoti Kiran School (JKS)** for children with CP in the year 2003. Recently, SPARC-India has been aligning itself to the philosophy of '**Inclusion**'. It emphasizes that inclusive environments will help in minimizing segregations and deep rooted misunderstandings and prejudices between the children with disabilities (CwDs) and non-challenged sections of the society. With this philosophy, the organization has also converted its Jyoti Kiran School for cerebral palsy children from a special school to an inclusive school, wherein the school caters to the educational and therapeutic needs of both the CwDs as well as the non-challenged children. In 2005, SPARC-India setup a **Vocational Training and Placement Cell** for PwDs to provide placement services to them. SPARC-India has immense experience in imparting vocational training and skill development programs for PwDs. SPARC-India is also in the process of converting 12 Government Primary Schools into Inclusive Schools in 3 Districts of Uttar Pradesh, namely Barabanki, Lucknow and Sitapur.

SPARC-India established **Uttar Pradesh Viklang Manch (UPVM)** to develop a support system for CwDs / PwDs to help them exercise their statutory rights and avail entitlements. SPARC-India has provided counseling to approx. 12000 community members, vocational training to about 2500 PwDs and has created self-employment opportunities for more than 1200 PwDs and their family members.

In the current quarter SPARC-India received funding from **ICICI Prudential Life Insurance Company Limited, HCL Foundation** and **Jan Vikas Samiti, Varanasi**.

## **JYOTI KIRAN SCHOOL (JKS)**

### **ORTHOTIC AND PROSTHETIC DISTRIBUTION CAMP AT JYOTI KIRAN SCHOOL**

An *Orthotic and Prosthetic Distribution Camp* Was Organized On 16<sup>th</sup> July 2019. All the teachers of Jyoti Kiran School, therapists and field staff members participated in the camp. The main aim of the camp was to provide education and vocational training to the specially-abled and underprivileged people with proper facilities to develop their potential to the fullest so that they can be self-reliant and independent. 12 beneficiaries from Lucknow and surrounding area attended the distribution camp.

- Nigar Sultana - Economy below knee kit with Ranger Foot 22 Right, Lucknow.
- Md. Badruddin - Left below cosmetic hand prosthesis with corset, Lucknow.
- Ruhi Parveen – Right hip Ankle foot Orthosis with modified Right, Lucknow.
- AnanyaRastogi-Right Hip Ankle Orthosis with modified Ring lock knee joint. Sitapur
- Harsh Yadav- Left Ankle Foot Orthosis Fabrication Charge, Sitapur.
- Harsh Yadav- Right Ankle Foot Orthosis Fabrication Charge, Sitapur.
- Karan - Left Ankle Foot Orthosis Fabrication Charge, Sitapur.
- Karan - Right Ankle Foot Orthosis Fabrication Charge, Sitapur.
- Sano Devi – Right above Elbow cosmetic Hand Prosthesis with Coeset, Sitapur.
- Ajay Kumar – Right Knee Ankle Foot Orthosis with Modified Ring Lock Knee joint with Knee Cap. Firozabad
- Ajay Rajput – Economy below Knee kit with Ranger Foot -24 Left. Firozabad.

. The Artificial Limb Distribution camp is another endeavor from our end to help these individuals in their path to a fully-active member of the society. India is in great need for sensitization, when it comes to disability and we must come together to combat the stigma surrounding disabilities.



### **ASSESSMENT CAMP FOR PERSONS WITH DISABILITIES CUM CAPACITY BUILDING PROGRAM AT JYOTI KIRAN SCHOOL, SPARC-INDIA**

Jyoti Kiran School, SPARC-India organized an *Assessment Camp for Persons with Disabilities cum Capacity Building Program* in collaboration with Composite Regional Centre for Skill

Development, Rehabilitation and Empowerment of Persons with Disabilities (CRC), Gorakhpur in their premises on **9<sup>th</sup> August 2019**. The main objective of this Assessment was to provide the implementers an insight into various aspects of life.

CRC member **Mr. Arvind Kumar Pandey** (Special Educator) advised Jyoti Kiran School Teachers to carve a pattern of Evaluation. The Department is primarily entrusted with the task of empowerment of person with disabilities to build an inclusive society in which equal opportunities are provided for the growth and development of person with disabilities so that they can lead productive, safe and dignified life.



He also shared his views that following measures for rehabilitation should be undertaken:

**Physical rehabilitation**, which includes early detection and intervention counselling and medical rehabilitation and assistance in procuring appropriate aids and appliances for reducing the effect of disabilities;

**Educational rehabilitation** including vocational education

**Economic rehabilitation** and social empowerment

**Developing rehabilitation** professionals/personnel

Improving internal efficiency/responsiveness/service delivery

Advocating empowerment of person with disabilities through awareness generation among different sections of the society

**Mr. Basant Pradhan** (Vocational Trainer) was also present for assessing the students. He informed us that the Act also treats disability as an issue of civil rights rather than a health or welfare issue. It recognized that the primary issues faced by the persons with Disabilities is their exclusion from the mainstream activities of the society and hence emphasized full participation and equal opportunities.



He suggested trades related to Automobile Industries, Electrical and Electronic Technology, Mechanical Industries, Others Engineering, Printing Industries, Textile Industries, Agriculture and fisheries, Veterinary services, Medical Services and Non Engineering Trades for orthopedically/physically handicapped.

**Trades for Hearing Handicapped-** Metal Trades (Fitter, Welder, Turner), Carpentry, Cutting and Tailoring, Printing and Composing and book Binding, Arts & Crafts, Screen Printing, Mushroom Cultivation, Food Processing, Zaire Work, Beautification, Names of the Trades Mentally Retarded, Chair Caning, Soap and Detergent Making, Paper bag making, Toys Making, Hand Embroidery, Card board box making, Agarbatti making, File cover making, Umbrella making and Spices Grinding



Under the ambit of CRC Guidance Jyoti Kiran School teachers have taken initiative to support educational and professional needs of JKS children by helping them in finding their goals with relatively new concepts which may often require technical expertise due to different kinds of impairments. Hence, a need was felt to develop a Comprehensive Manual of Assessment.

### **PARENTS SUPPORT GROUP MEETING**

**Parent Support Group meeting** was organized on 13<sup>th</sup> July 2019 to discuss the regularization of students studying at JKS with their parents. 23 Parents participated in the meeting. **Mrs. Yogita Srivastava** (Project Coordinator, JKS, SPARC-India) facilitated the meeting.

Following points were selected for discussion:

#### *1. Tell me about your Child*

This open-ended question allowed parents to freely tell anything that they wanted us to know about their child such as if their child was too shy, was not interacting or was always irritated. The staff actively told parents that their child should be regular and parents agreed to cooperate with school regarding this.



#### *2. What are your child's greatest strengths?*

This question was asked to the parent to list all of the things that their child does well. We told parents that strengths are different than interests; it's what the child does well versus what they like to do. Parents shared their problems of not getting proper time to devote to their children.

#### *3. How are JKS children doing socially?*

Asking parents how their child was doing socially would give us some enlightenment as to if they are capable of working well with others or not.

#### *4. What areas does JKS Children need improvement in?*

This question helped us in figuring out all of the things that the student needs to improve upon.

Similarly many more questions asked. Learning about what is going on in a child's home life helped teachers of JKS know more about how to teach them in the school.

Through the meeting we identified that the children were too sensitive and try to follow the instructions given by parents and teachers.

### **CARTOON MOVIE SHOW-DELHI SAFARI**

**Cartoon movie show- Delhi Safari** was organized on 3<sup>rd</sup> August 2019. **Mrs. Yogita Srivastava** (Project Coordinator, JKS, SPARC-India) and Ms. Alka Verma (Assistant Teacher, JKS, SPARC-India) along with all the teachers organized the activity.



All the students were gathered together in a hall and Delhi Safari (Cartoon Movie) was displayed on the projector. The main aim of this activity was to **enhance socialization, communication, cooperation & sense of participation among the students of school**. All the students watched the movie with interest and later when the teachers asked few questions related to the movie the students answered them accurately. This showed the unity and sense of participation among students. Then the teachers told them that the lesson they learn from the movie was that we should respect and care the forests and animals.

## **RAKSHABANDHAN**

A **Rakhi-Making Activity** was organized for the students of the Jyoti Kiran School on 25th August 2019. Students made beautiful 'Rakhi' using different articles like silk thread, ribbon, etc. Their artisanship was quite fascinating and children thoroughly enjoyed this activity that tickled their creative side.



Jyoti Kiran School was invited by Rashtriya Masihi Mitra Manch for celebrating *Raksha bandhan*. At the event the lamp was lit by Chief Guest Mr. Indresh Kumar, who shared his thoughts saying that women are the most prestigious part of a society. Jyoti Kiran School's children and teachers actively participated in the event. They enjoyed the interactions.



Students and teachers tied Rakhi to Mr. Indresh Kumar and sang National Anthem.

## **PARENT SUPPORT GROUP MEETING**

Parent support group meeting was organized on Saturday 14<sup>th</sup> September to discuss the progress of students studying at JKS with their parents. **Mrs. Yogita Srivastava** (Project Coordinator, JKS, SPARC-India) facilitated the meeting. They welcomed all the parents, and started discussing the below mentioned points. Some additional points were added according to students needs. Teachers asked the parents about their child's interest and hobbies that could be included in developing their Individual Education Plan. 21 parents participated in this meeting.



Following main points were selected for discussion:

1. Discussion on taking the information related to the students.
2. Discussion on cooperation needed by the parent.
3. Discussion on planning and integration of students.
4. Dress code for students while coming to school.
5. Submission and discussion on utility of assessment of children.

## 6. Open discussion.

All the above points were individually discussed with the parents and it was found that parents were eager to know about their children and the individual plan prepared for their child.

### INDEPENDENCE DAY CELEBRATION

*Independence Day* was celebrated on 15<sup>th</sup> August 2019 at Jyoti Kiran School where **Dr. Amitabh Mehrotra** (Founder, Secretary and Director, SPARC-India) unfurled the tricolor. The National Anthem was sung. He told that this special day was celebrated for commemorating our brave leaders and fighters of history who had won freedom that we are enjoying today. On this occasion teachers helped the kids in memorizing the national anthem so that they can sing along with others and feel proud and happy.



### JANMASHTAMI CELEBRATION

*Janmashtami* was celebrated on 24<sup>th</sup> August 2019 by the students of Jyoti Kiran School. The students came traditionally dressed as Radha and Krishna. Decoration and makeup was done by teachers and therapists. A splendidly colorful program was organized by the children and teachers of the school. Students presented songs and dance on 'Makhanchaor' dressed up as Lord Krishna and beautiful *Gopi* which transformed the entire stage into Vrindawan. The festival



importance was explained to the students by **Mrs. Yogita Srivastava** (Project Coordinator, JKS, SPARC-India). Students took part in activities like drawing, painting, crown making and flute decoration. **Dr. Amitabh Mehrotra** (Founder Secretary and Director, SPARC-India) enhanced the joy by providing fruits and sweets to them. Fun and Frolic marked the Day.



### OUT DOOR AND INDOOR GAMES

Students of Jyoti Kiran School participated in *outdoor and indoor games* on 7<sup>th</sup> September 2019. Through these games



it is our aim to make JKS children understand the world around them, learn problem-solving, build self-esteem and improve their motor and social skills. For a child with special needs, the rigorous standards and the competitive nature of traditional games can be overwhelming.



According to child's abilities teachers of JKS Mrs. Purnima Sahu, Ms. Alka and Mrs Shashi Srivastava engaged them in different games activities. We also considered involving them in more formal games. Physical play can enhance child's awareness of his body and build endurance. More than that, participating in a sports activity can be a lot of fun.

### **GARDENING ACTIVITY**

Students of Jyoti Kiran School enjoyed the *gardening activity* on 27<sup>th</sup> September 2019. Teachers of JKS Mrs. Kiran Rastogi, Mrs. Anju Tiwari, Mrs Shashi Srivastava and Ms Alka helped students in preparing soil for plants and told them about the process of planting the seeds and plants.

Gardening with special needs children is a very rewarding experience at Jyoti Kiran School. It helps in developing skills necessary to enjoy all of the positive payback that come with being in nature. It improves motor skills, enhances creativity, increases social skills and improves self-confidence in our children. Gardening also reduces stress and helps children cope with anxiety and frustration. Teachers and support staff of Jyoti Kiran School always support children in becoming a part of environment.

### **SOME OTHER ACTIVITIES IN COMMUNITY**

<b>S. No</b>	<b>Name of Activity</b>	<b>Objectives</b>	<b>Place</b>	<b>Date</b>
<b>SMC Meeting - Govt. Upper Primary school /Govt. primary school</b>				
1	<b>SMC Meeting</b>	Regular presence of students	Chandan	13 <sup>th</sup> September'19
2	<b>SMC Meeting</b>	Barrier free infrastructure	Bahadurpur	8 <sup>th</sup> August'19
3	<b>SMC Meeting</b>	Need of Special Children	Uday Ganj	6 <sup>th</sup> September'19
4	<b>SMC Meeting</b>	Functional Infrastructure	Lazpat Nagar	9 <sup>th</sup> July'19
5	<b>SMC Meeting</b>	Sensitization of teachers	Bataha Sabauli	15 <sup>th</sup> September'19
6	<b>SMC Meeting</b>	Curriculum of school for inclusive Education	Naya Aishbagh	12 <sup>th</sup> September'19
7	<b>SMC Meeting</b>	Curriculum of school for inclusive Education	Naya Aishbagh	6 <sup>th</sup> July'19
8	<b>SMC Meeting</b>	Society and family support	Mardan Khera	4 <sup>th</sup> September'19
9	<b>SMC Meeting</b>	Sensitization of teachers and students	Jjiyamau	6 <sup>th</sup> August'19
10	<b>SMC Meeting</b>	Support of family in regularization of students	Arya Nagar	14 <sup>th</sup> September'19



11	<b>SMC Meeting</b>	Sitting arrangement and special teacher visit in schools	Lalbagh	27 <sup>th</sup> August'19
<b>Meeting with Aanganwadi workers</b>				
12	<b>Aanganwadi meeting</b>	Talked about the progress of Early Identification of child	Husaina Bagh	10 <sup>th</sup> July'19
13	<b>Aanganwadi meeting</b>	Special children at home sensitization	Bahadurpur	30 <sup>th</sup> July'19
14	<b>Aanganwadi meeting</b>	Suggestion given for female workers	Paltan Khadri	14 <sup>th</sup> August'19
15	<b>Aanganwadi meeting</b>	Distribution awareness provided by Aanganwadi	Naya Aishbagh	20 <sup>th</sup> August'19
16	<b>Aanganwadi meeting</b>	Identification of special children	Udayganj	29 <sup>th</sup> August'19
17	<b>Aanganwadi meeting</b>	Facilities provided by SPARC-India	Chandan	20 <sup>th</sup> September'19

## **INCLUSIVE EDUCATION (IE) PROGRAM**

### **ACTIVITIES COVERED UNDER INCLUSIVE EDUCATION**

According to census 2011, 21.8 million population of persons with disabilities (PwDs) is living in India. It was observed and data also support that majority of CWSN, drop schools due to various social, system related, economical and their own internal problems. By understanding the need of the hour, Inclusive Education programme was initiated with the support of Jan Vikas Samiti- Liliane Foundation (JVS-LF) in the districts of Lucknow, Barabanki and Sitapur. SPARC-India was selected as the lead organization to roll-out the inclusive education project in the districts of Lucknow Barabanki and Sitapur districts.

Jan Vikas Samiti with its Partner Organization SPARC-India in Lucknow and Barabanki and Holy Cross Welfare Trust in Sitapur is intervening and addressing education needs of CWSN through Inclusive Education Project since 2018 with the vision to work closely with Centre and State Government for the mainstreaming of PwDs in the society.

To address the need during this quarter project intervention was focused around following activities:

1. Refresher Training of School Management on RTE and Inclusive School set up

2. Follow up training on RTE and IE with Stakeholders for ensuring community participation and stakeholders involvement in promoting Inclusive Education
3. Linkage and liaison effort
  - a. Networking with other NGO working with children education and rights to include Inclusive Education components
  - b. Meeting with disable people organization
  - c. Meeting with Government officials
4. Access Audit Survey for assessing status of Barrier Free Infrastructure in project area
5. Manual Development

### **REFRESHER TRAINING OF SCHOOL MANAGEMENT ON RTE AND INCLUSIVE SCHOOL SET UP**

The *capacity building of SMCs* on RTE Act 2009 and RPwD Act 2016 specifically on IE was undertaken on 05<sup>th</sup> July 2019 in the district Sitapur. Event was successfully organized by Sister Reshmi and Ms. Kapoorlata Dwivedi from Holy Cross Welfare Trust. During this meeting, role of SMC member was earmarked and was broadly explained. SMCs were sensitized to take an active role in planning, implementation and monitoring of development programs of schools, through Inclusive Education approach. It was ensured that SMCs should play an important role in creating accessible and barrier free infrastructure in schools. The parents of children with disabilities (CwDs) were also invited and were highlighted as important member of SMCs. The capacity building of SMCs helped in establishing a platform where community and schools deals in removing psychological barriers.



The capacity building program organized by SPARC-India and Holy Cross Welfare Trust resulted to focus on following challenges:

- Awareness of the members
- Maintaining regularity and retention in meeting
- Clear Agenda and goal oriented discussion
- Involvement of Resourceful persons in the meeting for training on RTE and IE for strengthening the participation of SMCs in developing inclusive Cultures.

### **FOLLOW UP TRAINING ON RTE AND IE WITH STAKEHOLDERS**

The interventions through meetings and trainings of stakeholders ensured changes in the behavior and mindset of stakeholders. It was significantly observed that psychological barrier perceptions, directly or indirectly lay negative impact on the development of CwDs. The ignorance attitude of stakeholders has negative influence. Through training programs stakeholders were sensitized to create positive environment for CwDs at community level.

Total 07 indirect schools were covered to promote and sustain the concept of Inclusive Education. Approx. 920



stakeholders ensure their participation during the organized meetings. The paradigm shift was from constraint to enabler, for promoting concept of Inclusive Education. Five (05) community level follow up meeting was organized at Sitapur and one community level meeting each was organized at Barabanki and Lucknow districts respectively. These meetings were facilitated by respective DC's of Sitapur, Lucknow and Barabanki districts; Ms. Kapoor Lata Dwivedi, Mr. Arvind Verma and Mr. Ajai Singh. During these meetings Ms. Anushree and Mr. Santosh from SPARC-India ensure their participation as facilitator. Topic Covered/Issues discussed were as following:

1. Strategy of involving parents and communities by sensitization on Inclusive Education in context to RPwD Act 2016 and RTE Act 2009.
2. Changing attitude by focusing on behavior.
3. Role of parents, SMCs, DPOs and PRIs in realizing and ensuring the rights of education of CwDs through enrollment, retention and participation in school, care along with siblings and friends in all activities at school well as at home.
4. Continuous dialogue for evolving the processes of integration.
5. Role of DPO in raising issues to bring changes in the perspectives of stakeholders to enable the space of CwDs from segregation to inclusiveness.

### **MEETING WITH DISABLE PEOPLE ORGANIZATION (DPO)**

*Seven meetings with DPO members* were held across all the three districts. These meetings were facilitated and supported by Mr. Santosh Kumar Srivastava-State Advocacy Coordinator SPARC-India. During these meeting discussions was centered on, ground reality of PwDs, Government support system, their contribution in enabling positive environment for persons with disabilities. It was found that situation of PwDs is not much improved, due to lack of knowledge of various scheme and poor reach to govt. stakeholders.



To counter poor reach and increase in knowledge of government schemes, strategy was adopted to form collectives of PwDs at two levels. Level 1- cluster level (Bunch of two- three villages), Level 2- Block level (larger collectives –members will be elected from cluster level organization of PwDs)



People present in the meeting agreed on principle to the concept and were ready to take initiative in action mode. Composition of collective decided: DPO + Parents of CWSN / CwDs + FLSP (ASHA & AWW).

### **MEETING WITH GOVERNMENT OFFICIALS**

#### **District Divyang Kalyan Adhikaari, Lucknow**

On 09<sup>th</sup> September 2019 a *meeting with District Divyang Kalyan Adhikaari* was held at his Kaiserbagh, Lucknow office. **Mr. Santosh Kumar Srivastava** (State Advocacy coordinator, SPARC-India) facilitated the meeting. The main objective of the meeting was to update Divyang Kalyan

Adhikaari about the IE project progress and sharing needs/issues of DPO and CwD needs regarding equipment's, wheel chair and surgery that were identified during Inclusive education intervention in project area. Discussion/sharing was focused, for getting latest information on upcoming camps planned for PWD, employability scope/new avenues for DPO Candidate, new benefit announced by government for persons with disabilities.

### **State Advisory Board Meeting**

On 11<sup>th</sup> September 2019, a **State Advisory Board meeting** for PwDs was called where discussion with the relevant stake holder was held. **Dr. Amitabh Mehrotra** (Founder Secretary and Director, SPARC-India) oriented members about the concept/philosophy of Samaveshi Shiksha (inclusive education), its importance and how it contributes to the growth of CwDs. He highlighted the need of Anganwadi Workers training along with regular/Itinerant teachers because Anganwadi Workers are important stake holders of Pre School education system and at most of the Centers Anganwadi Workers are not able to handle needs of CwDs, resulting in denial for registering CwDs in preschool.

### **ACCESS AUDIT SURVEY FOR ASSESSING STATUS OF BARRIER FREE INFRASTRUCTURE IN PROJECT AREA**

From 12<sup>th</sup> August 2019 to 22<sup>nd</sup> August 2019, access audit survey was undertaken across all the twelve direct schools of Lucknow Barabanki and Sitapur districts. This activity was undertaken by all the members of IE team including State project coordinator and State Advocacy Coordinator. Access Audit of all the 12 direct schools was accomplished successfully resulted in understanding the following barriers and development of plans to overcome barriers through modifications. Needs identified after analyzing the access audit report is as mentioned below:



#### **1. Accessible infrastructure:**

It includes safe and useable ramp in schools, accessible toilets with water facility, drinking water facilities, corridors, accessible latches in the doors of the classrooms, playground, signage, means of evacuation and proper transport facilities for CwDs in 12 Schools



#### **2. Classroom environment**

It includes adequate lighting in the classroom, adequate ventilation, use of appropriate TLMs, pupil-teacher ratio in school and adequate space and seating arrangements for children by ensuring assistive device and furniture in 12 Schools.

#### **3. Education services**

It includes availability of trained teachers to teach CwDs, Inclusive Education Resource Teachers, use of universal design of learning in the method of teaching and learning, accessible library, communication facilities for CwDs and Resource room to support teaching aids.



#### **4. Additional curricular activities.**

It includes the policy for including children with disabilities in extra-curricular activities, staff training to practice IE, inclusion of integrated events in sports/cultural events considering abilities for CwDs, active role of parents, SMCs, volunteer, NGOs, community members in encouraging IE

practice in schools and adaptation of Inclusive policy.

## **MANUAL DEVELOPMENT**

A *National level Consultation* was held on 1<sup>st</sup> August 2019 at National Association for Blind in New Delhi. During this meeting first draft of the Inclusive education Manual was rolled out and shared for review of major stakeholders. Based on the field intervention output, manual on IE for regular teachers as well as IT teachers was prepared by external agency Logic Box Communications, New Delhi. Experts and likeminded NGOs were invited and discussion was held for preparing wide ranging manual. Key highlights of the national level meeting are:

- a. Inclusive Education is a broad concept that includes all groups of children.
- b. The Manual reflects the effective ways to build Inclusive Environment in classroom so that no child should feel alienated.
- c. Teachers have to understand that Inclusive Education is human rights based approach which ensures participation and learning for all children.
- d. Regular Teacher and parents are like two wheels of vehicle and their initiatives to create an inclusive environment at home and schools matters.

## **LIVELIHOOD RESOURCE CENTER (LRC)**

### **EXPOSURE VISIT TO SEWA LUCKNOW**

An exposure visit was arranged on 23<sup>rd</sup> July 2019 by **Mr. Ashish Chakraborty** (Program In-charge, Self Employed Women's Association SEWA) which is a Partner under HCL Uday Project. SPARC-India was represented by **Ms. Zeba Khan** (Program Officer, LRC) & **Mr. Shaiful Hasan** (Trainer, LRC). Various partners under the HCL Uday project were present at the SEWA Center. HCL Foundation was represented by **Mr. Shashank Khare**, **Mr. Kali Saurabh** (SHEF), **Ms. Anamika** (Mamta), **Mrs. Shagun** (Vatsalya), **Ms. Jayanti** & **Mr. Ashish** from (AYCS) also attended the visit.



The purpose of the visit was to understand the work being done by SEWA towards women empowerment and employee self-sustenance. The visit was purposeful for us in two aspects.

We visited the primary school run by SEWA. This allowed us to understand the inclusion concept for our students in Jyoti Kiran School (JKS). Other partners interacted with the students, which again allowed us to gauge a partnership model in terms of health, sanitation and inclusion in partnership with all the partners associated with the HCL Uday Project in Lucknow.

After the school visit all the partners and interacted with the women who were being trained by SEWA in Chikankari Embroidery. Here the purpose again was to share good practices with all the partners involved in health, sanitation, mother & child welfare and menstrual hygiene. For SPARC-India skill program this visit paved the way for integration and training of our YwD candidates (females) who are not able to secure a job in BPO centers or Retail outlets.



The visit ended with a positive note and high tea arranged by the SEWA partners.

### **VISIT TO UTTAR PRADESH HEALTH SUMMIT 2019**

Confederation of Indian Industries CII organized *2nd edition of CII UP Health Summit 2019* with the theme “**Affordable & Accessible Healthcare for All**” on 09<sup>th</sup> August, 2019 at CII Office, Lucknow. SPARC-India was represented by **Ms. Zeba Khan** (Program Officer, LRC), **Mr. Pankaj Verma** (Trainer, LRC) & **Mr. Shaiful Hasan** (Trainer, LRC).

The Chief Guest of the Event was **Honourable Shri Siddharth Nath Singh** (Health Minister, Govt. of UP). He spoke on the various Initiatives that the Govt. of Uttar Pradesh is taking to improve the medical and health scenario in the state. The Main sponsor of the event was John Snow India (JSI) Foundation. In his address he emphasized on how to help reduce **Japanese Encephalitis (JE)** that has attributed to the recent child mortality. He also emphasized that the rural blocks where proper medical facilities need to be set up to counter the outbreak of major diseases & extend quality care at the grass root level.



**Mrs. Upasana Arora** (Director, Yashoda Super Specialty Hospital, Kaushambi, Ghaziabad) was invited as a special speaker and guest to address the summit. Mrs. Arora delivered a talk which initiated a serious discussion and served as a platform to discuss opportunities for industry people and innovators and put forward their views to interact with the government. Emphasis was also laid on the integration of Technology & Environment with the Health care industry to ensure a wider outreach of the policies & schemes.

### **HARIT-THE GREEN SPACES INITIATIVE UNDER HCL UDAY FOUNDATION**

A *MoU signing ceremony* was organized on 16<sup>th</sup> August 2019 by HCL Foundation. **Harit - the Green Spaces initiative** was launched by HCL Foundation, in Lucknow under its urban community development program – HCL Uday. As part of this launch, they signed a MoU with the Nagar Nigam, Lucknow in the presence of **Smt. Sanyukta Bhatia** (Hon’ble Mayor, Lucknow), **Dr. Indra Mani Tripathi** (Municipal Commissioner, Nagar Nigam, Lucknow) and **Dr. Archana** (Addl. Municipal



commissioner, Nagar Nigam, Lucknow). **Nidhi Pundir** (Director, HCL Foundation) shared the vision behind the Harit Initiative.

SPARC-India was represented by **Ms. Zeba Khan** (Program Officer, LRC) and **Mr. Shaiful Hasan** (Trainer, LRC).

The MoU was signed for **mass afforestation, water conservation and rejuvenation of traditional water bodies in Lucknow, Uttar Pradesh.**



HCL Foundation stands committed towards conserving and protecting our environment. Their mini-urban forest created in Noida, called the **Uday Upvan Sorkha** has now grown into a full-fledged forest. They work closely with all stakeholders including Government, Community, NGOs and most importantly HCL'ites themselves to nurture and care for the saplings. HCL also shared that they have planted more than 34,000 saplings of more than 36 native species with the survival rate of 92.3% at this Uday Upvan.

The MoU was another step by HCL Foundation towards conservation of our environment and making Lucknow a greener city.

## VOCATIONAL UNIT

### VOCATIONAL UNIT AT MADIAGON, LUCKNOW (APRIL 2019-OCTOBER 2019)



SPARC-India started a vocational training at Madiagon, Lucknow in the month of April 2019. The centre enrolled around 50 girls for the stitching training program. The girls who were enrolled in this program were mostly marginalized women/girls with disabilities (W/GwDs). The trainees were registered under National Livelihood Service Center (NLSC).

The training was provided to trainees in steps. So far, they were taught following things:-

- They were taught **hemming** in paper cutting after that it was taught on handkerchief.
- They were also taught to stitch **button, buttonhole, hook and eye closure or loop.**
- Then they were taught to stitch panty first on newspaper then on cloth.

- Then they were taught **variety of embroideries on handkerchief**.
- They have learned **crochet work** on various materials like **matte cloth, chikan cloth** etc.
- They have also learnt **stuffed embroidery, reverse bone stitching**.
- The present trainees of the program can currently stitch variety of clothes like **baby frocks, umbrella frock, blouse, salwar-suit, and can do variety of embroideries in handkerchief, kurtas** etc.

The trainees also prepared practical and theoretical files in which they have mentioned the process of making various types of clothes and drafted a sample copy of each variety.

After completion of their course in the month of **October 2019** they will appear for final practical and theoretical exam, in which their files will be checked and various questions related to stitching and drafting will be asked.



## PRESENTATIONS AT VARIOUS PLATFORMS

### MEETING WITH CHIEF MINISTER-

**Dr. Amitabh Mehrotra** (Founder Secretary and Director, SPARC-India) along with **Mr. Uma Shankar Singh** (President, SPARC-India) and **CA Rajeev Sharma** (Treasurer, SPARC-India), met **Honorable Mr. Yogi Adityanath Singh, Chief Minister of Uttar Pradesh** on 2<sup>nd</sup> July 2019 and discussed issues currently faced by **SPARC-India**. SPARC-India is currently facing lots of challenges in running the Skill Development and Placement Program for youths with disabilities which is running



in a rented hostel of Department of Empowerment of Persons with Disabilities, Vidya Bhawan Campus, Nishatganj, Lucknow since last 2 years on renewal basis (every six month). Our current lease was valid up to 30<sup>th</sup> June 2019. We have already requested the government for the extension but all our efforts have proved to be futile so he requested to garner support for extension of the rented govt. building to smoothly run the Skill Program.

Dr Amitabh Mehrotra also discussed the issues that he faces in running such an organization and told about his future plans for which land and space is one of the main obstacle. The Governor assured help and said he will support SPARC-India so that good work for Skill Development Program continues.

### PRESENTATION AT JIMARS, ALLAHABAD

Jyoti Institute of Medical & Rehabilitation Sciences (JIMARS), Allahabad invited **Dr. Amitabh Mehrotra** (Founder Secretary and Director, SPARC-India) as Speaker on 4<sup>th</sup> July 2019 on the occasion of State Level Seminar of RCI to





deliver a Lecture on the topic “**Role of Physical Education, Games and Sports in Childhood Developmental Disabilities, MR and CP Children**”. He discussed how Physical Education, Games, Sports & Physical Recreation Activities help CwDs with developmental disabilities with special emphasis on MR, CP children. He also shared his real life experiences along with few case studies from programs implemented by SPARC-India. His views were highly appreciated.

### **MEETING WITH DEFENCE MINISTER AND MEMBER OF PARLIAMENT**

**Dr. Amitabh Mehrotra** (Founder Secretary and Director, SPARC-India) along with his sister **Mrs. Nidhi Basu** met **Honorable Mr. Rajnath Singh** (Minister of Defense Govt. of India and Member of Parliament from Lucknow) at Raj Bhawan on 2<sup>nd</sup> August 2019 and discussed the issues faced by SPARC-India so that he could garner support and contribute to our organization.



### **MEETING WITH VICE CHANCELLOR SHAKUNTALA MISHRA, MEMBER OF PARLIAMENT AND DISTRICT MAGISTRATE OF LUCKNOW**

**Dr. Amitabh Mehrotra** (Founder Secretary and Director, SPARC-India) met **Prof. Rana Krishna Pal Singh** (Vice Chancellor of DSMNRU) on 23<sup>rd</sup> August 2019, **Shri Sanjay Seth Ji** (MP, Rajya Sabha) on 18<sup>th</sup> September 2019 and **Shri Kaushal Raj Sharma** (IAS, DM of Lucknow) on 25<sup>th</sup> September 2019 to garner support to provide an accessible building for running the skill development program.



### **STATE ADVISORY BOARD MEETING**

**Dr. Amitabh Mehrotra** (Founder Secretary and Director, SPARC-India) attended *State Advisory Board Meeting* on 11<sup>th</sup> September 2019, where he discussed about the Inclusive Education Program which we are running in three districts of Uttar Pradesh and shared that Anganwaadi workers should be trained along with teachers so that they can also contribute in the interventions. He also discussed about the Skill Development and other programs run by SPARC-India

## **COMMUNITY BASED REHABILITATION (CBR) PROGRAMME**

### **BAL SAMUH MEETINGS**

#### **BAL SAMUH MEETING AT FAIZULLAHGANJ WARD**

A *Bal Samuh meeting* was held on 5<sup>th</sup> July 2019 in Naubasta of Faizullahganj Ward, Lucknow. The main objective of the meeting was to *discuss the precautionary actions which are good for health and to make children/persons with disabilities aware of Yoga Technique and its benefits.*

The meeting was attended by **Ms. Shaheen** (Field Worker, SPARC-India) and **Ms. Shyama Devi** (Field Worker, SPARC-India), 12 children including CwDs and non-challenged children along with their parents/guardians. Children were asked to intake high amount of water, fresh food, seasonal fruits etc. which will keep them hydrated and they were also told to keep themselves clean and bath daily, brush twice a day, wash hands before eating anything etc. to stay healthy. They were also told about what yoga is, how it helps in keeping our body healthy etc. They were also told about various *asana* and *pranayam* like *anulom-vilom*, *surya namaskar* etc.

### **BAL SAMUH MEETING AT FAIZULLAHGANJ I WARD**

A **Bal Samuh meeting** was held on 23<sup>rd</sup> July 2019 in Khadri of Faizullahganj I Ward, Lucknow. The main objective of the meeting was to *make children/persons aware of the Right to Education and importance of education*. The meeting was attended by **Ms. Satwiki Mishra** (Physiotherapist, SPARC-India), **Ms. Shyama Devi** (Field Worker, SPARC-India) and **Ms. Shaheen** (Field Worker, SPARC-India), 17 children including CwDs and non-challenged children along with their parents/guardians. At first they were told about the Right to Education according and that children with disabilities should also go to the schools and requested the parents to enroll their wards to the nearest primary schools for education. They were encouraged to benefit through this right and utilize it to become self dependent.

### **BAL SAMUH MEETING AT AYODHYADAS WARD**

A **Bal Samuh meeting** was held on 26<sup>th</sup> July 2019 in Madehganj of Ayodhyadas Ward, Lucknow. The main objective of the meeting was to *discuss the precautionary actions which are good for health and to make children/persons with disabilities aware of the benefits of cleanliness*. The meeting was attended by **Ms. Shyama Devi** (Field Worker, SPARC-India), 11 children including CwDs and non-challenged children along with their parents/guardians. Children were asked to intake high amount of water, fresh food, seasonal fruits etc which will keep them hydrated and they were also told to maintain personal hygiene and do physical exercise and play outdoor games to stay healthy. They were also asked to keep their house and surrounding clean.



They were also asked to keep their house and surrounding clean.

### **BAL SAMUH MEETING AT AYODHYADAS II WARD**

A **Bal Samuh meeting** was held on 30<sup>th</sup> July 2019 in Alloo Nagar of Ayodhyadas II Ward, Lucknow. The main objective of the meeting was to *discuss the precautionary actions which are good for health and to make children/persons with disabilities aware of the benefits of cleanliness*. The meeting was attended by **Ms. Shyama Devi** (Field Worker, SPARC-India), 8 children including CwDs and non-challenged children along with their parents/guardians. Children were asked to keep themselves clean and do physical exercise and play outdoor games to stay healthy. They were also asked to keep their house and surrounding clean. They were told that by following few steps they would become healthy and stay away from diseases.

### **BAL SAMUH MEETING AT AYODHYADAS I WARD**

A **Bal Samuh meeting** was held on 20<sup>th</sup> August 2019 in Madehganj of Ayodhyadas I Ward, Lucknow. The main objective of the meeting was to *discuss the precautionary actions which are*

*good for health and to make children/persons with disabilities aware of the benefits of cleanliness.* The meeting was attended by **Ms. Shyama Devi** (Field Worker, SPARC-India), 10 children including CwDs and non-challenged children along with their parents/guardians. Children were asked to keep themselves clean and bath daily, brush twice a day, wash hands before eating anything do physical exercise and play outdoor games to stay healthy. They were also asked to keep their house and surrounding clean to stay healthy and away from diseases.

#### **BAL SAMUH MEETING AT FAIZULLAHGANJ WARD**

A **Bal Samuh meeting** was held on 23<sup>rd</sup> August 2019 in Khadri of Faizullahganj I Ward, Lucknow. The main objective of the meeting was to *make children/persons aware of the importance of education.* The meeting was attended by **Ms. Satwiki Mishra** (Physiotherapist, SPARC-India) and **Ms. Shaheen** (Field Worker, SPARC-India), 15 children including CwDs and non-challenged children along with their parents/guardians. The attendees were encouraged to benefit through the RTE Act and utilize it to become self dependent. They were told that if the children get educated they will be able to earn for themselves and their families in the future.



#### **BAL SAMUH MEETING AT AYODHYADAS II WARD**

A **Bal Samuh meeting** was held on 27<sup>th</sup> August 2019 in Alloo Nagar of Ayodhyadas II Ward, Lucknow. The main objective of the meeting was to *make children/persons aware about the benefits of cleanliness and helping others.* The meeting was attended by **Ms. Satwiki Mishra** (Physiotherapist, SPARC-India) and **Ms. Shyama Devi** (Field Worker, SPARC-India), 9 children including CwDs and non-challenged children along with their parents/guardians. The participants were told about the precautionary measures which should be taken during the monsoon season. They were also told that we should help the needy ones and especially the Children/Persons with Disabilities.



#### **BAL SAMUH MEETING AT FAIZULLAHGANJ I WARD**

A **Bal Samuh meeting** was held on 28<sup>th</sup> August 2019 in Semra of Faizullahganj I Ward, Lucknow. The main objective of the meeting was to *make children/persons aware about the benefits of cleanliness and helping others.* The meeting was attended by **Ms. Shyama Devi** (Field Worker, SPARC-India), 13 children including CwDs and non-challenged children along with their parents/guardians. They were told about the precautionary measures which should be taken during the monsoon season to stay healthy. They were also told that we should help the needy ones and especially the Children/Persons with Disabilities.

#### **BAL SAMUH MEETING AT AYODHYADAS WARD**

A **Bal Samuh meeting** was held on 13<sup>th</sup> September 2019 in Madehganj of Ayodhyadas Ward, Lucknow. The main objective of the meeting was to *discuss the precautionary actions which are good for health and to make children/persons with disabilities aware of the benefits of cleanliness.* The meeting was attended by **Ms. Shyama Devi** (Field Worker, SPARC-India), 11 children including CwDs



and non-challenged children along with their parents/guardians. Children were asked to intake high amount of water, fresh food, seasonal fruits etc. which will keep them hydrated and they were also told to keep themselves clean and bath daily, brush twice a day, wash hands before eating anything do physical exercise and play outdoor games to stay healthy. They were also asked to keep their house and surroundings clean.

## **DISABLED PERSON'S ORGANISATION (DPO) MEETINGS**

### **DPO MEETING AT FAIZULLAHGANJ WARD**

A **DPO meeting** was held on 15<sup>th</sup> July 2019 at Yash Nagar of Faizullahganj Ward, Lucknow. The main aim of the meeting was to *provide information about the loan facility provided by government to Persons with Disabilities (PwDs)*. The meeting was attended by **Ms. Shyama Devi** (Field Worker, SPARC-India) and **Ms. Shaheen** (Field Worker, SPARC-India), 7 PwDs and members from the community. In the meeting it was informed that government provides loan upto 5 lakhs for starting a business which could be availed to set up a business. There is facility for subsidy also on this loan and it can be easily availed.

### **DPO MEETING AT KADAMRASOOL WARD**

A **DPO meeting** was held on 31<sup>st</sup> July 2019 at Shahdaushi baba ki Dargah of Kadamrasool Ward, Lucknow. The main aim of the meeting was to *discuss about the policies of government like pension for Persons with Disabilities (PwDs) and old-age pension which are currently available*. The meeting was attended by **Ms. Satwiki Mishra** (Physiotherapist, SPARC-India) and **Ms. Shaheen** (Field Worker, SPARC-India), 5 PwDs and members from the community. The participants were asked to contact the office of Department of Empowerment of PwDs in their area and apply for it. The members were informed that due to incomplete documents or error in form the pension can be delayed.



### **DPO MEETING AT FAIZULLAHGANJ WARD**

A **DPO meeting** was held on 28<sup>th</sup> August 2019 at Yash Nagar of Faizullahganj Ward, Lucknow. The main aim of the meeting was to *discuss about the policies of government like pension for Persons with Disabilities (PwDs) and old-age pension which are currently available*. The meeting was attended by **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India) and **Ms. Shaheen** (Field Worker, SPARC-India), 5 PwDs and members from the community. The participants were asked to contact the office of Department of Empowerment of PwDs in their area and apply for it. The members were informed that due to incomplete documents or error in form the pension could be delayed.



## **SELF-HELP GROUP MEETINGS (SHG MEETINGS)**

### **SHG MEETING AT FAIZULLAHGANJ-I WARD**

A **SHG meeting** was held on 23<sup>rd</sup> July 2019 in Khadri of Faizullahganj-I Ward, Lucknow. The main aim of the meeting was to *make them aware of the voting rights of Persons with Disabilities (PwDs)*. The meeting was attended by **Ms. Satwiki Mishra** (Physiotherapist,

SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India), **Mrs. Shyama Devi** (Field Worker, SPARC-India), 9 women members from the community. In the meeting the members were informed about the policies made by the Prime Minister and loan facilities for starting up of business which would help them become financially strong and self dependent.

#### **SHG MEETING AT FAIZULLAHGANJ WARD**

A **SHG meeting** was held on 21<sup>st</sup> August 2019 in Semra of Faizullahganj-I Ward, Lucknow. The main aim of the meeting was to *discuss about self help group and its progress along with implementation*. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), 10 women members from the community. In this meeting it was discussed how the self help groups can help in starting own employment. The group members were informed how they can start their own business and become empowered.

#### **SHG MEETING AT FAIZULLAHGANJ WARD**

A **SHG meeting** was held on 27<sup>th</sup> August 2019 in Khadri of Faizullahganj-I Ward, Lucknow. The main aim of the meeting was to *make them aware of self help group and its benefits*. The meeting was attended by **Ms. Satwiki Mishra** (Physiotherapist, SPARC-India) and **Ms Shaheen** (Field Worker, SPARC-India), 7 women members from the community. The participants were informed how self help groups can help in starting own employment, aims of setting up self help groups, norms of the self help groups and its various roles. They discussed how it can be formed and how it will help the society. They also discussed about the importance of self help groups and empowerment of women.



#### **SHG MEETING AT FAIZULLAHGANJ WARD**

A **SHG meeting** was held on 28<sup>th</sup> August 2019 in Yash Nagar of Faizullahganj-I Ward, Lucknow. The main aim of the meeting was to *make them aware of self help group and its benefits*. The meeting was attended by **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India) and **Ms Shaheen** (Field Worker, SPARC-India), 8 women members from the community. In this meeting it was discussed how self help groups can help in starting own employment. The participants informed that the women members are depositing money in their bank accounts for setting up a business. They were also informed about DUDA (District Urban Development Agency). They said that as soon as they get loan they will establish a business.

<b>OUTCOMES</b>	
<b>ACTIVITIES</b>	<b>Nos.</b>
Total C/PwDs provided with regular therapeutic interventions	<b>70</b>
Total CwDs got admitted in Jyoti Kiran School	<b>10</b>
Total CwDs included with formal schooling system (Regular schools)	<b>20</b>
Total PwDs benefitted through social security schemes and basic entitlement like Pension.	<b>17</b>
Total CwDs benefitted through assistive devices.	<b>2</b>

Total PwDs benefitted through assistive devices like wheel chair, tricycles, crutches, corrective surgeries etc.	12
Total PwDs registered for availing equipments.	20
Total CwDs availed with Disability Certificates	14
Total PwDs benefitted with loan facility	2
DPO meetings organized during this period	9
SHG meetings organized during this period	7
Bal groups meetings organized during this period	15
Formation of Disabled Persons Organizations	6
Formation of Self Help Groups	3
Formation of Bal Samuh Groups	6

## **SUCCESS STORIES**

### **JYOTI KIRAN SCHOOL**

#### **AYUSH SINGH**

*Ayush Singh* is an 11 year old boy studying in Jyoti Kiran School. He was diagnosed with **Cerebral Palsy with Mental Retardation**. He could not speak properly. Teachers involved him in education and started working on his Individual Educational Plan. Regular Speech Therapy led to improvement in his speech due to which now others can understand his speech. His father is happy to see his growth and shares, how rehabilitation especially special education has really helped his child. This success story is a constant reminder of how early intervention can ensure that the child has a better quality of life.



#### **MUDASHEER KHAN**

*Mudasheer Khan* is an 8 year old boy studying in Jyoti Kiran School. He has **Mild Mental Retardation**. Initially he couldn't sit at one place for a long time. He had a habit of repeating words and used to mimic others. The teachers made proper interventions for him to stay in class, involved him in extra-curricular activities and started giving him small responsibilities. More focus was laid on oral education/conversation. He was also given speech therapy. He has shown incredible progress. He daily comes to school, takes part in extra-curricular activities, has made friends in his class and understands conversation.



#### **MOHAMMAD UVAISH**

*Mohammad Uvaish* is a 7 year old boy with **Cerebral Palsy** studying in Jyoti Kiran School. Initially he was very shy and hesitant. Teachers involved him in different physical activities as his hands were not working



properly and he had less interest in studies He was given regular therapy; more focus was laid on improving his activity of daily living. With these activities his dependency on others started to decrease and his confidence started increasing. Now he is good in academics as well as sports.

### **PRAGYA RAJPUT**

**Pragya Rajput** is a 6 year old girl studying in Jyoti Kiran School. She has **Mild Mental Retardation**. Initially she was very shy and hesitant. She has shown great improvement in the first few months at JKS. When she first came she could not bend and was not able to hold anything. Through regular physiotherapy she can now hold balls and sometimes bend herself while playing. She is even beginning to respond to her name and has improved understanding of conversation. Her parents are very happy to see the improvement in her.



### **INCLUSIVE EDUCATION (IE) PROGRAM**

#### **FIROZ:-**

**Firoz** is a 7 year old boy, residing in Bhauli. His father works as a wage labor. After medical assessment he was identified as an **Intellectually Impaired Child**. Previously he wasn't enrolled in school and used to roam in nearby areas. Through baseline survey, we identified Firoz who was roaming without wearing shirt in village. Through intervention of Inclusive Education Program in the year 2018, Firoz was enrolled in **1<sup>st</sup> Class** of **Primary School Bhauli II** at Bakshi Ka Talaab, Lucknow. Through sensitization and regular meetings he became regular in school. The Principal Mrs. Poonam Rastogi cares about him a lot, because of which he tries to come to school every day. Parents of Firoz also confirmed seeing several positive changes in him. His mother told that Firoz didn't want his teachers to be upset or angry with him. Assistant teacher Mrs. Sunita Mishra also admires him which makes him feel privileged and special. He engages with his peers in other activities and likes to be the monitor of the classroom.



Teachers are very proactive and sensitive about him. They make sure that he comes to school daily, get proper attention and participate in every activity of school. They believe that with proper individual education plan and continuous intervention he will learn along with time. His individual Education Plan has been developed which includes thorough and regular assessment, improving social, behavioral, personal and life skills. Teachers are also developing an academic plan as well as a development plan for Firoz.

#### **KAPIL:-**

**Kapil** is an 11 year old boy, residing in Saraiyan Bazaar. His father is a farmer. He was identified as an **Intellectually Impaired Child**. Through baseline survey, we identified Kapil who was already enrolled in **Class IV** of **Primary School Saraiyaan**, Bakshi Ka Talaab, Lucknow. Through sensitization and regular meetings he became regular in school. The Principal Mrs. Nishat Anju cares about him a lot, because of which he tries to become



regular to school. Class teacher Mrs. Reena Chaurasia also admires him which makes him feel privileged and special. He engages with his peers in other activities. His sister Ragini helps him in each and every activity like academic, games, household activities etc. and helps in becoming self dependent.

Teachers are very sensitive about him and they make sure that he gets proper attention and participates in every activity of school. His individual Education Plan has been developed and teachers are also developing a development plan for Kapil.

### **COMMUNITY BASED REHABILITATION (CBR) PROGRAMME**

#### **RENUKA**

***Renuka Rawat*** is an 11 year old girl. She has **Cerebral Palsy** and lives in Madiyon slum area in Lucknow. Her father's name is Late Mr. Baratilal who was working in a shop and her mother's name is Late Vimlesh Rawat. She has one elder sister who is not challenged. She was not going to school and stayed at home all the time, and when we met her she told us that she wanted to study. Earlier due to the negative impact of her parent she was not able to get admission in school. Ever since Renuka joined Sahayta Bal Group she is very happy as due to continuous counseling of her parent's there has been a positive change in their attitude. She joined Jyoti Kiran School in July 2016, which she attended regularly. Her disability certificate and railway pass has been made under home visit program of SPARC-India. Physiotherapy is given to her at regular intervals to improve Gait Pattern and Elongated spastic muscle fiber. Now she is able to walk independently without using any walking aids. At present she is integrated to **Class I of Suveera Institute of Rehabilitation.**

