

**QUARTERLY PROJECT**  
**REPORT**  
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**Submitted By:**

**School for Potential Advancement and Restoration of Confidence  
(SPARC)-India**

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## INTRODUCTION

**School for Potential Advancement and Restoration of Confidence (SPARC)-India** is a non-profit organization with its Head Office in Lucknow, Uttar Pradesh (UP) and has been in its existence for more than 21 years now. The Founder Director and Chairperson, **Dr. Amitabh Mehrotra** is himself having Cerebral Palsy (CP) with mild spasticity since birth and it was his cherished dream to work for the cause of disability. He did his Post graduation from Tata Institute of Social Sciences (TISS), Mumbai and served Corporate and CSOs in Bihar and UP. Recently, he completed his PhD from Department of Psychology, University of Lucknow and was awarded **PhD degree in Applied Psychology**. SPARC-India was formed in 1995 and registered in July 1996, as a voluntary organization which aimed to empower people with various disabilities especially people with CP. SPARC-India started its Community Based Rehabilitation (CBR) program in the year 1996 for persons with disabilities (PwDs) in the urban slums of Lucknow. The thrust of the program was on health and medical rehabilitation, formation of Disabled Persons Organizations (DPOs) / Self-Help Groups (SHGs) of PwDs & their families and to establish linkages with the government schemes.

In due course of time, SPARC-India gradually established **Jyoti Kiran School (JKS)** for children with CP in the year 2003. Recently, SPARC-India has been aligning itself to the philosophy of '**Inclusion**'. It emphasizes that inclusive environments will help in minimizing segregations and deep rooted misunderstandings and prejudices between the children with disabilities (CwDs) and non-challenged sections of the society. With this philosophy, the organization has also converted its Jyoti Kiran School for cerebral palsy children from a special school to an inclusive school, wherein the school caters to the educational and therapeutic needs of both the CwDs as well as the non-challenged children. In 2005, SPARC-India setup a **Vocational Training and Placement Cell** for PwDs to provide placement services to them. SPARC-India has immense experience in imparting vocational training and skill development programs for PwDs.

SPARC-India established **Uttar Pradesh Viklang Manch (UPVM)** to develop a support system for CwDs / PwDs to help them exercise their statutory rights and avail entitlements. SPARC-India has provided counseling to approx. 12000 community members, vocational training to about 2500 PwDs and has created self-employment opportunities for more than 1200 PwDs and their family members.

Resolving to fulfill its mission to be a responsible corporate citizen, the **ICICI Group** established the ICICI Foundation for Inclusive Growth (ICICI Foundation) in early 2008, to lend its efforts and focus to promote inclusive growth amongst low-income Indian households. ICICI believes, fundamental challenge is to create a just society where everyone is given equal opportunity to develop and grow. With this end in mind, the ICICI Foundation is dedicated to making India's economic growth more holistic, allowing every individual to participate in and benefit from the growth process. The ICICI foundation's approach towards human and social development was established with the Social Initiatives Group (SIG), a non-profit resource group within ICICI Bank in 2000.

Instead of building departments within a large, monolithic foundation, ICICI has chosen to collaborate with and foster independent, responsive organizations, which are equipped with valuable expertise in one of the five areas that ICICI believes and are the essential elements for

inclusive growth: **primary health, elementary education, comprehensive access to financial services, a strong civil society and environmental sustainability.**

**SPARC-India by financial support from ICICI Foundation** is trying to create equity centric and equality based Inclusive Society for the PwDs and women from the marginalized section of the society through **Inclusive elementary education, Skill Training and Placement Centre and Vocational Unit.**

## 1. JYOTI KIRAN SCHOOL

- World Cerebral Palsy Day at JKS:-



On 6<sup>th</sup> October'17, Friday, **World Cerebral Palsy Day** was celebrated at **SPARC-India, Jyoti Kiran School**. The chief guest or the resource person for this occasion was **Dr. G.L Arora (Orthopaedic Surgeon, Rishi Hospital, Gomtinagar, Lucknow)**. At the onset **Dr. Amitabh Mehrotra** welcomed **Dr. G.L Arora** with a bouquet and honoring words. **Dr. G.L Arora** addressed parents and told them about the reasons of cerebral palsy. He told them that after birth due to various reasons blockage occurs in blood circulation which creates problems. He told about the treatment of cerebral palsy which can be done through **medication** for losing muscles (5%-10%) and through **physiotherapy** (10%-15%) and through **stem cell therapy**( operate stiff nerves and muscles become loose and nerves get elongated which help them to work- 20% to 80% improvement). After that parents asked queries related to their child individually and asked him what the possibilities of improvement are. He observed each and every child and solved the queries of parents. **Dr. Amitabh Mehrotra** thanked him for providing us such information and spending his precious time with our children and parents.

- Diya decoration at JKS:-



The **diya decoration** activity was organized at **Jyoti Kiran School** on **7<sup>th</sup> October'2017**. **Mrs. Archana Verma** and **Mrs. Kiran Rastogi** organized this activity. Teachers provided diya to each student and taught them how to paint it and decorate it with different colors of paint and golden dust. The students participated in this activity with interest and decorated the diyas in different ways. They told them that we should enlighten as much as diyas on the occasion of Diwali in place of lightings and lamps as these diyas lightened with mustard oil cleans the environment with increase in the level of oxygen while lightings will only result in high consumption of electricity and wastage of money. Teachers also told them the story of God, Shri Rama Ji from when the diwali celebration began and motivated students to celebrate anti cracker diwali.

- **Parents Support Group Meeting at JKS :-**



On **14<sup>th</sup> October'17**, **Saturday Parents Support Group Meeting** was organized at **Jyoti Kiran School** in which reports cards were distributed and various issues related to behavior of children, educational topics of children, children's report card, physiotherapy at home, parental behavior towards children and open discussion-the parents can talk on any other issues were discussed. Pranjali's mother shared her experience about her child. **Dr. Amitabh Mehrotra, Founder Director and Chairperson of SPARC-India** discussed about the exhibition organized at school. Parents also bought decorative diyas, candles (wax & floating) and lot of decorative things from the exhibition.

- **Diwali Celebration at JKS:-**



On **17<sup>th</sup> October'17** Diwali was celebrated at **JKS**. All the students were gathered at one place and teachers discussed with them about the occasion of Diwali and story behind this festival. Students danced on various songs and enjoyed a lot. Sweets were distributed to all the students and staff members.

- **. Nukkad Natak :-**



**3<sup>rd</sup> Nukkad Natak** was performed by **Natakbaaz team** on **25<sup>th</sup> October 2017** at **Bhuiyandevi Mandir/Mazaar, Bharatnagar (Near Sitapur Road), Lucknow, Uttar Pradesh**. The main aim was to aware and sensitize people about the negative thinking of society against disability or disabled persons.

- **Visit of teachers & students of G.D Goenka Public School, Shaheed Path, Lucknow**



On **28<sup>th</sup> October'17**, two teachers (Ms. Neelam Verma and Ms. Smriti Gupta) and around 30 students of **G.D Goenka Public School, Shaheed Path, Lucknow** visited **Jyoti Kiran School, SPARC-India** in order to explore the environment of such an inclusive school for children with disabilities and children who are facing with disabilities like cerebral palsy, mental retardation, autism etc. All of them were welcomed by **Dr. Amitabh Mehrotra, Founder Director and Chairperson of SPARC-India**. He had a talk with the students on disability, its types, acts and amendments made for disabled persons. He asked let society know what is disability and help others (challenged), **“We will help others, we will be helped by god.”** Then all the students visited the whole school in groups of five-five students and interacted with students, asked their queries and distributed gifts, chocolates to them. They were also provided with the refreshments.

- **Shopping at General Store for students of JKS :-**



The **Shopping at General Store** activity was organized at **Jyoti Kiran School** on **30<sup>th</sup> October'2017**. **Mrs. Archana Verma, Ms. Alka Verma** and **Mrs. Priya Shukla** organized this activity. The aim of this activity was to aware children about the concept of money, concept of cost price, selling price and marked price. Teachers selected a group of students which comprises of students from each block. Then teachers gave money to each student and they all went to general store to buy their favorite things like chips, toffees etc. They enjoyed this activity as it enhanced their confidence level and courage to go to the shop alone and buy products. This activity helps them to remove their hesitation, inferiority which can build up their strength and confidence and it can be a leading step to make them self dependent.

- **Nukkad Natak :-**



**4<sup>th</sup> Nukkad Natak** was performed by **Natakbaaz team** on **31<sup>st</sup> October 2017** at **Shah Doshi shah ki Dargah, Near T.G Hostel, Daliganj, Lucknow, Uttar Pradesh**. The main aim was to aware and sensitize people about the negative thinking of society against disability or disabled persons.

- **Parents Support Group (P.S.G) Meeting with parents/guardians of students :-**



On **11<sup>th</sup> November'17**, **Saturday Parents Support Group Meeting** was organized at **Jyoti Kiran School** for discussion of **various behavioral issues of students and their management**. The chief guest or resource person in this meeting was **Dr. Neerja Pandey, Assistant Professor, Amity Institute of Behavioral and allied Sciences, Amity University, Lucknow, U.P.** Mr. **Someshwar Dutt Bajpai (Program Manager, SPARC-India)** welcomed her and all the parents with a welcome note and a bouquet was given to her by one of our student. Then he introduced her to all the parents and staff members and told them that she had come here to discuss and solve the various behavioral issues faced by you and your child. Then she told them about **behavior modification, it refers to the techniques used to try and decrease or increase a particular type of behavior or reaction**. This might sound very technical but it's used very frequently by all of us. **Parents can use this to teach their children right from wrong**. Various techniques like **positive reinforcement, negative reinforcement, punishment, flooding, systematic desensitization, aversion therapy and extinction** are used. Parents should keep alternatives from present things and every one's choice and focus on the need of each and every child. Make your child realize the undesirable behavior so that he /she could easily modify it.

- **Visit of Teachers & Students of City Montessori School, Gomti Nagar extension, Lucknow :-**



On 14<sup>th</sup> November'17, two teachers (Ms. Tulika Chatterjee and Ms. Shalini Srivastava) and around 30 students of City Montessori School, Gomti Nagar extension, Lucknow visited Jyoti Kiran School, SPARC-India in order to explore the environment of such an inclusive school for children with disabilities and children who are facing disabilities like cerebral palsy, mental retardation, autism etc. and to celebrate a very special day i.e. **Children's' Day** with our children. They all were welcomed by our **Founder Director and Chairperson of SPARC-India, Dr. Amitabh Mehrotra** and **staff members**. Then all the students visited the whole school in groups of five-five students and interacted with students, asked their queries and distributed gifts to them. After visit **Dr. Amitabh Mehrotra** interacted with the students of C.M.S, Gomti Nagar, Lucknow and told them about our school and asked them the difference between this school and other schools. The responses were like "the happiness I got from here can't be expressed in words, its priceless". Teachers also shared their experiences and **Director Sir** thanked them all for visiting our premises on the Children's Day.

- **Children's picnic of Jyoti Kiran School- an inclusive school, SPARC-India :-**



**Children's picnic of Jyoti Kiran School, SPARC-India** was organized on 17<sup>th</sup> November'2017, Friday at **Swarna Jayanti Smriti Vihar Park, Indira Nagar, Lucknow**. Around **50 children, 15 staff members and 10 support staff** went for picnic. All the students were too excited and happy. The smiles on their faces were immeasurable. Children along with staff member and support staff reached the park in the morning at around 10 am, all the students were so overjoyed by seeing the swings that they all started swinging swings and playing with friends as they reached there. They enjoyed on various types of swings for around two hours. Then they had snacks and lunch and staff members were provided with lunch. Then they all played various games like cricket, passing the pass, kho-kho, hide and seek etc.

All the students played for hours continuously, and those students who could not run or walk easily played games while sitting at one place like antakshari, rapid fire etc. Few students enjoyed by dancing on various tracks like Mohit danced on the track 'dabang-dabang'. Overall children enjoyed a lot as they were free to do what they wish to do with no studies, no worries.

- **Dusting & decoration of classroom :-**





The **dusting & decoration in classroom** activity was organized at **Jyoti Kiran School-an inclusive school for disabled, SPARC-India** on **18<sup>th</sup> November'2017**. All the teachers (**Mrs. Archana Verma, Mrs. Anju Tiwari, Ms. Richa Dixit, Mrs. Priya Shukla** and **Mrs. Kiran Rastogi**) organized this activity in their respective classrooms. They all firstly gave the concept and benefits of dusting. After all the teachers dusted their classrooms with children, they worked as per instructions and cleaned their classrooms. They cleaned shelves, tables, chairs, books and copies even and which gave positivity to them. Then all the teachers told them how we can decorate our classrooms with learning materials so that it will become attractive and motivating and they also told them what the advantages of decorating our classroom are. All the students enjoyed and learnt a lesson that we should always keep our surroundings neat and clean to keep ourselves healthy and happy.

- **Computer awareness & concept for JKS students and shopping in market place for Vikaas students :-**



The **Computer awareness & concept for JKS students and Shopping in market place for Vikaas students'** activity was organized at **Jyoti Kiran School-an inclusive school for disabled, SPARC-India** on **25<sup>th</sup> October'2017**.

**Mrs. Archana Verma** organized the activity of **Computer awareness & concept in Foundation class and Block-A**. The aim of this activity was to aware them about computer, its concept and its utility so that they can develop their interest in it and try to learn it which will help them in future life in order to get job and become self dependent.

**Mrs. Priya Shukla** organized this activity in **Block-B** and **Block-C**. She gathered all the students of both the classes at one place, through flash cards and TLMs she asked them various questions, spellings, full forms of various abbreviations related to computer. Students replied many of them, she told the answers of the questions which were

unanswered. Then she told them about the inventor of computer and the process/steps for starting and shutting down the computer.

**Mrs. Kiran Rastogi** organized the activity of **shopping in market place for Vikaas students**. The aim of this activity was to aware children about the concept of money, concept of cost price, selling price and marked price. She made a group of around **9 students** who were present that day among **Vikaas students (Neha, Anjali, Mohit, Ronit, Beeki, Samimun, Sonal, Anshika and Sandeep)**. Then she went to the marketplace with children, **Ms. Richa Dixit, Ms. Priyanka Singh** and a support staff.

They all seemed happy as they went out for shopping and bought balloons and peanuts for them. Mrs. Kiran Rastogi gave them the concept of shopping, They enjoyed this activity as it enhanced their confidence level and courage to go to the shop alone and buy products. This activity helps them to remove their hesitation, inferiority which can build up their strength and confidence and it can be a leading step to make them self dependent.

- **Celebration of World Disability Day i.e. 3<sup>rd</sup> December'17, Sunday :-**



On **3<sup>rd</sup> December'17, Sunday** State level award distribution ceremony was organized at **Indira Gandhi Pratisthan, Gomti Nagar, Lucknow, Uttar Pradesh** on the occasion of **World Disability Day**. The **Chief Guest** on this occasion was **Shri. Yogi Adityanath, Honorable Chief Minister, Uttar Pradesh** and guest of honor was **Shri. Om Prakash Rajbhar, Honorable Cabinet Minister, Empowerment of Persons with Disabilities Department, Government of Uttar Pradesh**.

At the onset of the programme wheel chairs, tricycles, crutches and shawls were distributed to the disabled persons. In **SPARC-India** students received **5 wheel chairs, 5 tricycles, 2 crutches and 4 shawls**. A group of students of **JKS** along with teachers performed **National Anthem (Jana-gana-mana)** in sign language and a group of trainees of **Skill Development and Placement Program** of **SPARC-India** performed a **Theme play- Navchetna (skit on awareness of disability and empowerment)** on this occasion.



On the occasion of **World Disability Day** i.e. **3<sup>rd</sup> December'17** various **sports competitions (candle blowing, Balloon blooming and to throw volleyball in goal post)** were organized at **Remedial and Multi Activities Hall** at **Department of Physical Medicine and Rehabilitation (RALC), King George Medical University, Lucknow, Uttar Pradesh**. Students of **Jyoti Kiran School, SPARC India** and **Sarthak Foundation** participated in all the games according to their interest and potential level. **Tauheed, Anant and Deepanshu** won the **first, second and third prize** in **candle blowing game** respectively. In **balloon blooming game**, **Kareem** got **first prize** and **Pratham** won **third prize**. **Kareem** also won **first prize** in **Volleyball goal post game**. They were also provided with lunch packs by **Dream India** organization. All the students were overjoyed and enjoyed the activities in which they participated as it build up their confidence and increased their potential.

- **21<sup>st</sup> Annual Day Celebration at City Montessori School Auditorium, Gomtinagar, Lucknow :-**



**SPARC-India, Jyoti Kiran School (an inclusive school)** celebrated **21<sup>st</sup> Annual Function and World Disability Week** on **9<sup>th</sup> December' 17, Saturday** at **CMS Auditorium, Gomtinagar, Lucknow** from **4:00 PM to 6:00 PM**.

The theme of the function was **“Sashakt Divyangjan-Sashakt Samaj”**. The **Chief Guest** of the function was **Sri. Mahesh K Gupta**, IAS, Principal Secretary, Empowerment of Persons with Disabilities Department, Department of Welfare of Other Backward Class, Secretariat Administration Department, Commissioner, Persons with disabilities, Uttar Pradesh. The **Guests of Honor** were **Smt. Ministhy S.** (IAS, State Mission Director, State Rural Livelihood Mission, Uttar Pradesh), **Dr. Amit Kumar Rai** ((Lucknow District Empowerment Officer, Empowerment of Persons with Disabilities Department, Uttar Pradesh), **Justice S. C. Verma** (Purva Lokayukt), **Mr. Shekhar Srivastava** (President, Aghaaz Club), **Mr. Farukh Rehman Khan** (State Program Manager, Water Aid), **Mr. Uma Shankar Singh** (President, SPARC-India), **Mr. Rajeev Sharma** (Honorable Treasurer, SPARC- India), **Ms Sonam Sinha** (Skyline Architecture consultants private limited, Ekana sports city & G.C Constructions, Gomti Nagar), **Dr. Anant Kumar** (Occupational Therapist, Dr. Ram Manohar Lohiya Institute of Medical Sciences, Lucknow) and **Mr. Umair Usmani** (Vice President, Aegis Ltd.). Other distinguished guests present on the occasion were **Mr. Rakesh Kumar** (Empowerment Officer, Empowerment of Persons with Disabilities Department, Head Office, Uttar Pradesh), **Mrs. Aruna Naidu** (Principal, CMS, Old Branch, Rajajipuram, Lucknow).

The annual function began with **National Anthem in sign language** by students of **Jyoti Kiran School**. **Dr. Amitabh Mehrotra, (Founder Chairperson & Director, SPARC-**

**India**) welcomed the guests and talked about the journey of SPARC-India along with his own life challenges. He told everyone about the role and achievements of SPARC-India during these 21 years in the field of disabled persons, inclusive society, and place of CwDs/PwDs in society. He asked for building support and contribution so that he could be able to flourish in this field to the heights through his efforts. He emphasized on the main streaming of children/persons with disabilities in the society for which attitudinal changes are required in the society. This would lead to inclusion of challenged persons in the society.

**Chief Guest Sri. Mahesh K Gupta** addressed the audience and said that everyone should cooperatively raise their helping hands towards the growth of persons with disabilities and society should keep positive approach towards them said if we all come together to cooperate with them along with positive approach this section can be easily raised up.

The cultural program consisted of various inspirational songs and prayers like **Vandana (Maa Durga Stuti- Mahisasur Vadh)**, **Maa teri chunar**, **Taare zameen par**, **Kun faya Kun** and **Vande Matram** which were directed by **Ms Lavina Jain Tandon**. A **theme play – Navchetna (skit on awareness of disability and empowerment)** directed by **Ms Alka Vivek** was also staged on this occasion. The program was anchored by **Dr. Alka Nivedan**. Then **Honorable Chief Guest/Guest of Honors/Special Guests** distributed awards to persons who had contributed excellently towards creating an inclusive environment either in the corporate sector or at the state level and had worked for the rights and entitlements of the PwDs in their respective field and gifts and snacks were distributed to all the students. The school bags (60 nos.) were provided by Lions Club-Aghaaz and the food packets (100 nos.) were distributed by Aegis Customer Support Services Private Limited and **Mr. Sudhir Halwasiya** contributed for gifts and snacks. In the end, **Dr. Amitabh Mehrotra, Chairperson and Director, SPARC- India** thanked all the honorable guests and dignitaries for making this event successful.

- **Christmas celebration at Jyoti Kiran School, SPARC India :-**



On 22<sup>nd</sup> December 2017, Friday Jyoti Kiran School, SPARC India celebrated **Christmas Day** with students and staff members. **Mrs. Kiran Rastogi** and **Mrs. Anju Tiwari** organized this celebration at school. Christmas tree was decorated with various colorful balloons, bells, stars, lights, toffees, chocolates, ribbons etc. The main aim of this celebration was to enhance participation and togetherness among all students.

On this occasion **Mr. Bikoo Rathore** and **Mr. Shanu Rajat (Gas Authority of India Limited)** visited Jyoti Kiran School and celebrated Christmas Day with children. All the

students were asked to gather at one place and they celebrated the occasion by cutting cake and singing songs of Christmas. Students enjoyed by singing songs and dancing on various songs. Various activities were also organized like balloon blowing and students also helped in decorating the Christmas tree. They were also asked to draw Christmas tree in their art books and color it beautifully.

Teachers also told the students why Christmas is celebrated and how it is celebrated. Christmas is celebrated to remember the birth of Jesus Christ, who Christians believe is the Son of God. They all celebrated Christmas with zeal and enthusiasm and enjoyed a lot.

- **Sibling Workshop for students of JKS organized at Sebhagi Sikshan Kendra :-**



On 23<sup>rd</sup> December'2017, Saturday Sibling Workshop was organized by SPARC-India at Sebhagi Sikshan Kendra from 10:30 am till 4:00 pm for sibling of Children with Disabilities. The resource person was Ms. Sandhya Saxena (Assistant Professor, Chetna).

Mr. Someshwar Dutt Bajpayee (Program Manager, SPARC India) welcomed everyone and asked Dr. Amitabh Mehrotra (Founder Chairperson & Director, SPARC-India) to welcome everyone present at the workshop. Ms. Sandhya Saxena thanked for welcoming her and started the workshop by asking the siblings their problems which they face during the take care of their sisters/brothers with disabilities. Then she discussed about **disability and its various types (Intellectual Disability, Hearing Impairment, Locomotors Impairment, Visual Impairment & Low Vision, Autism Spectrum Disorder, Learning Disabilities) with various examples**. She also shared her own experience of her brother which motivated her to work in this field.

She also discussed various **teaching strategies** along with **different skill areas** through group activities in which all the members were divided into groups and expresses their thoughts in separate skill areas one by one and then Ms. Sandhya Saxena shared her views on the respective areas and motivated the siblings. She also discussed about **curricular and extra-curricular activities, problem behavior and future prospective** which covered **carrier building, marriage and genetic counseling**.

Then Mr. Someshwar Dutt Bajpayee thanked her and all the members and distributed gifts to all the siblings and students of JKS who participated in the workshop.

## **VOCATIONAL UNIT:-**

- (i) **TRAINING AT MADIAON CENTRE :-**

The vocational unit at Madiaon centre enrolled 12 girls in the quarter of the 6 month stitching training program. All the girls enrolled in this program belong to the marginalized section of the society or CWDs. The trainees of the program currently can stitch petticoat, blouse and salwar-suit, plazzos, baby frocks, umbrella frock, patiyala salwar, churidar payjama. The six months course has winded up and all the girls have made their files for assessment and for examination.

(ii) **TRAINING AT KANSHIRAM CENTRE :-**

The vocational unit at Kanshiram centre enrolled 30 girls in the quarter of the 6 month stitching training program. All the girls enrolled in this program belong to the marginalized section of the society or CWDs. The trainees of the program currently can stitch petticoat, blouse and salwar-suit, kurta and kaj-button. The six months course has winded up and all the girls have made their files for assessment and for examination.

**PRESENTATIONS AND AWARDS:-**

• **UN Special Rapporteur Visit to Lucknow :-**



On 1<sup>st</sup> November 2017, Wednesday, **Dr. Amitabh Mehrotra (along with members of Uttar Pradesh Viklang Manch)** was invited for a brief interaction with UNSR to discuss issues and challenges related to access to WASH in the specific context of persons with disability & informal urban poor workers at **Conference Hall, Department of Social Work, University of Lucknow** . The theme of the programme was **civil society consultation with focus on access to WASH services and facilities for person with disability in both rural and urban areas and informal urban poor workers.**

On this day, **Leo Heller, UN Special Rapporteur (UNSR) on Human Rights to Safe Drinking Water and Sanitation** visited India at the invitation of the Government of India and met government representatives at national and local as well as civil society and community organizations, residents in urban and rural areas, and UN officials. He visited **Lucknow** on **1<sup>st</sup> November 2017** in order to interact with different stakeholders & explore what still needs to be undertaken to ensure the human rights to water and sanitation are enjoyed by all in India. For this purpose a programme was organized at **Conference Hall, Department of Social Work, and University of Lucknow**. The members who were present at the programme were **Mr. Farukh (State Program Manager, Water Aid), Ms. Mamta, Ms. Hebrum Hee and Mr. Sandeep Khare Director VIGYAN Foundation, Ms Charu Shukla Program Coordinator PLAN International, Dr. Vandana Mishra, and other CSOs.**

- **National Conference on Disability: Multiple Possibilities and Prospects (Ability Continuum, Diversity, Access & Inclusion) :-**



**National Conference on Disability: Multiple Possibilities and Prospects (Ability Continuum, Diversity, Access & Inclusion)** was organized by *DISHA: A Resource centre for Multiple Disabilities, Rehabilitation Council of India, Government of Rajasthan* and *CII (Confederation of Indian Industry)* from 9<sup>th</sup> November'17 till 11<sup>th</sup> November'17 at Pandit T.N Mishra Marg, Nirman Nagar "C" , Jaipur- 302019, Rajasthan.

The **objective** of the conference is to promote sensitivity among corporate sectors and diversity in workforce through inclusive employment practices, accessibility in built environment and impart skills to PWDs. *CII (Confederation of Indian Industry)* has held conference on **Disability** with a special 'Technology and Disability Employment' which may resulted in placement of a numbers of PWDs in coming days.

The **focus** of the conference was on **creating champions from within the industry, making work places accessible and promoting inclusion of PwDs.** NGOs, business leaders, experts, academicians and others participated in this conference.

**Dr. Amitabh Mehrotra (Founder, Chairperson & Director of SPARC India)** also attended this conference and presented his views on the topic through his study and abstract of research paper i.e. **Community-Based Rehabilitation Programs in India: A Study of Effectiveness Factors.** He met various great personalities and members of NGOs who came there to attend or present their papers. He also visited an organization named **Sarthak Manav Kushthashram (An Institution Extending Humanitarian Support)**, Jaipur, a voluntary and charitable organization, is in service of the disabled and cured persons affected by leprosy for the last three decades.

## **COMMUNITY BASED REHABILITATION PROGRAMME**

### **BAL SAMUH MEETINGS**

#### **(i) BAL SAMUH MEETING AT FAIZULLAHGANJ WARD**

A *Bal Samuh meeting* was held on 5<sup>th</sup> October'2017 in Khadri Aanganvandi Kendra of Faizullahganj Ward, Lucknow. The main objective of the meeting was to discuss the importance of education with parents of Children with Disabilities (CwDs). In the meeting importance of education was focused and parents were asked to send their children to school to make them self

dependent. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India), 14 children including CwDs and non-challenged children and their parents / guardians.

**(ii) BAL SAMUH MEETING AT AYODHYA DAS WARD**

A *Bal Samuh meeting* was held on **11<sup>th</sup> October'2017** in Kanti Aanganvandi Kendra, Makkaganj of Ayodhya Das Ward, Lucknow. The main objective of the meeting was to discuss the importance of education, nutritional diet, proper care and good health with parents of Children with Disabilities (CwDs). In the meeting members discussed about what is nutritional diet, its importance and how can we keep ourselves healthy and hygienic. Parents were asked to take good care of their children and send them to schools regularly. **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India) discussed about health, hygiene, proper care, nutritional diet and vaccinations till the age of 5 years is the necessity of children. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India), **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India), 9 children including CwDs and non-challenged children and their parents / guardians.

**(iii) BAL SAMUH MEETING AT FAIZULLAHGANJ WARD**

A *Bal Samuh meeting* was held on **16<sup>th</sup> October'2017** in Naubasta of Faizullahganj Ward, Lucknow. The main objective of the meeting was to discuss the importance of obeying their parents with children. In the meeting discussion was done on the importance of obeying the parents, they were told that good children obey their parents and achieve success in life with a bright future. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India), 13 children including CwDs and non-challenged children and their parents / guardians.

**(iv) BAL SAMUH MEETING AT FAIZULLAHGANJ WARD**

A *Bal Samuh meeting* was held on **17<sup>th</sup> October'2017** in Bhuiyan Devi Mandir, Fatma Nagar of Faizullahganj Ward, Lucknow. The main objective of the meeting was to provide information about how to avail the income certificates. In the meeting members were informed about the terms and conditions applied for Income Certificate and the process to avail it and they were asked to submit it in school. **Ms. Satwiki Mishra** (Physiotherapist, SPARC-India) discussed the benefits of income certificate and told them about the process how they can avail it. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India) and **Ms. Satwiki Mishra** (Physiotherapist, SPARC-India), 7 children including CwDs and non-challenged children and their parents / guardians.

**(v) BAL SAMUH MEETING AT FAIZULLAHGANJ WARD**

A *Bal Samuh meeting* was held on **24<sup>th</sup> October 2017** in Khadri Aanganvandi Kendra of Faizullahganj Ward, Lucknow. The main objective of the meeting was to provide information about education and pension facilities available for challenged persons. They were informed that government provides pension to CwDs of 18 yrs and above and for that they have to apply at Public Welfare Center. After that they have to submit the hard copy of application form at District Disability Department. The meeting was attended by **Mrs. Shyama Devi** (Field Worker,



SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India), 9 children including CwDs and non-challenged children and their parents / guardians.

**(vi) BAL SAMUH MEETING AT FAIZULLAHGANJ WARD**

A *Bal Samuh meeting* was held on **27<sup>th</sup> October'2017** in Aanganvandi Kendra, behind Sita Ram Mandir of Faizullahganj Ward, Lucknow. The main objective of the meeting was to discuss the importance of education and cleanliness. In the meeting children were asked to go to school daily in neat and clean uniform and keep themselves and their surroundings clean. Parents were asked to send their children to schools as they also have right to study. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India), 7 children including CwDs and non-challenged children and their parents / guardians.

**(vii) BAL SAMUH MEETING AT FAIZULLAHGANJ WARD**

A *Bal Samuh meeting* was held on **6<sup>th</sup> November 2017** in Naubasta Khurd, Gayatri Nagar of Faizullahganj Ward, Lucknow. The main objective of the meeting was to provide information about the importance of participation and right to education for challenged persons. In the meeting children were asked to help each other at school and even at home as it will enhance socialization and cooperativeness. They were also told about right to education and asked to get admission in schools so that they can also become educated and self dependent. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India), 16 children including CwDs and non-challenged children and their parents / guardians.

**(viii) BAL SAMUH MEETING AT MADIYAON WARD**

A *Bal Samuh meeting* was held on **11<sup>th</sup> November 2017** in Semra of Madiyaon Ward, Lucknow. The main objective of the meeting was to provide information about the importance of participation and right to education for challenged persons. Children were asked to help each other at school and even at home as it will enhance socialization, participation, confidence and cooperativeness. They were also told about the importance of education and asked to get admission in schools so that they can also become educated and self dependent. **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India) discussed with them about the Right to Education for CwDs and how they can get benefitted from it. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India), 28 children including CwDs and non-challenged children and their parents / guardians.

**(ix) BAL SAMUH MEETING AT FAIZULLAHGANJ-I WARD**

A *Bal Samuh meeting* was held on **13<sup>th</sup> November 2017** in Aanganvandi Kendra behind Sita Ram Mandir of Faizullahganj-I Ward, Lucknow. The main objective of the meeting was to provide information about the importance of education and get admitted those children who are not going to school. All the members of SPARC-India visited the homes and met parents of those CwDs who do not go to school. They were asked to send their child to school so that he could become literate and self dependent. **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India) discussed about the importance of education and asked them to get benefitted from compulsory education. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Ms**

**Shaheen** (Field Worker, SPARC-India), **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India), 18 children including CwDs and non-challenged children and their parents / guardians.

**(x) BAL SAMUH MEETING AT FAIZULLAHGANJ WARD**

A *Bal Samuh meeting* was held on **17<sup>th</sup> November'2017** in Khadri of Faizullahganj Ward, Lucknow. The main objective of the meeting was to aware children about the importance of education and to provide information about the importance of aadhar card with parents of Children with Disabilities (CwDs). They were informed that Aadhar Card is compulsory for admission at school and you can apply for it at Public Welfare Center. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India), 10 children including CwDs and non-challenged children and their parents / guardians.

**(xi) BAL SAMUH MEETING AT AYODHYA DAS WARD**

A *Bal Samuh meeting* was held on **26<sup>th</sup> November'2017** in Makkaganj of Ayodhya Das Ward, Lucknow. The main objective of the meeting was to discuss the importance of the right to live, right to conservation, right of participation and right to development with Children with Disabilities (CwDs). They were told about their rights in the elaborated form that they can live their life according to their choice and interest. Parents should also make them feel secure and keep in mind their child's choice while taking any decision. **Mr. Manoj Singh** (Occupational Therapist, SPARC-India) discussed with about various rights related to CwDs and elaborated it so that they can get aware about them. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Mr. Manoj Singh** (Occupational Therapist, SPARC-India), 8 children including CwDs and non-challenged children and their parents / guardians.

**(xii) BAL SAMUH MEETING AT FAIZULLAHGANJ WARD**

A *Bal Samuh meeting* was held on **27<sup>th</sup> November'2017** in Fatma Nagar of Faizullahganj Ward, Lucknow. The main objective of the meeting was to aware children about their rights and its importance. In the meeting children were aware about their rights which they should utilize like the right to live, right to conservation, right of participation and right to development. **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India) provided awareness about the rights of children and its importance. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India), **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India), 7 children including CwDs and non-challenged children and their parents / guardians.

**(xiii) BAL SAMUH MEETING AT AYODHYA DAS WARD**

A *Bal Samuh meeting* was held on **29<sup>th</sup> November'2017** in Taran Shah ki takiya, Madehganj of Ayodhya Das Ward, Lucknow. The main objective of the meeting was to aware children about their rights (right to live, right to conservation, right of participation and right to development). Parents and children were told about the rights in elaborated form and how they can implement them in their lives to become self dependent. **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India) provided awareness about various rights for CwDs. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India), 11 children including CwDs and non-challenged children and their parents / guardians.

## **DPO MEETINGS**

### **(i) DPO MEETING AT KADAM RASUL WARD**

A *DPO meeting* was held on **13<sup>th</sup> October 2017** in Shahdaushi Baba ki Dargah of Kadam Rasul Ward, Lucknow. The main aim of the meeting was to provide information about the various policies and plans run by the Government of India for Persons with Disabilities. They were told that government provides free of cost help to PwDs through artificial hands, legs, wheel chairs, tri-cycles and pension. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India), 7 PwDs and members from the community.

### **(ii) DPO MEETING AT FAIZULLAHGANJ-II WARD**

A *DPO meeting* was held on **23<sup>rd</sup> October 2017** in Yash Nagar of Faizullahganj-II Ward, Lucknow. The main aim of the meeting was to provide information about loan and pension facilities available for Persons with Disabilities. They were told that government provides loan to PwDs to start up a business at 4% interest. Government also provides pension to persons with disability for their livelihood. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India), 9 PwDs and members from the community.

### **(iii) DPO MEETING AT KADAM RASUL WARD**

A *DPO meeting* was held on **30<sup>th</sup> October 2017** in Iradat Nagar of Kadam Rasul Ward, Lucknow. The main aim of the meeting was to provide information about the sewing training for Persons with Disabilities. **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India) provided awareness about the importance of Vocational Training through which they can become self dependent. They were told that girls will be provided free of cost vocational training (sewing classes) for six months along with fashion designing course. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India), **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India), 8 PwDs and members from the community.

### **(iv) DPO MEETING AT KADAM RASUL WARD**

A *DPO meeting* was held on **4<sup>th</sup> November 2017** in Shahdaushi Baba ki Dargah of Kadam Rasul Ward, Lucknow. The main aim of the meeting was to ask the Persons with Disabilities about their requirements and their fulfillment. The progress of group was discussed like how many members have applied for pension among them. **Mr. Someshwar Dutt Bajpai** (Program Manager, SPARC-India), **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India), **Mr. Manoj Singh** (Occupational Therapist, SPARC-India) created Self Help Group (SHG) and discussed about empowerment of DPO members which include pension, rail and bus pass, educational loan, home loan etc. The meeting was attended by **Mr. Someshwar Dutt Bajpai** (Program Manager, SPARC-India), **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India), **Mr. Manoj Singh** (Occupational Therapist, SPARC-India), **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India), 12 PwDs and members from the community.

### **(v) DPO MEETING AT FAIZULLAHGANJ-II WARD**

A *DPO meeting* was held on **9<sup>th</sup> November 2017** in Yash Nagar of Faizullahganj-II Ward, Lucknow. The main aim of the meeting was to get information about the needs of the people of the group (Persons with Disabilities) and then complete them. The members were asked about their requirements like one of the members shared his need for loan to start up his business. He was told about Arya Vart Gramin Bank from where he could get loan at minimum rates (4%). **Mr. Manoj Singh** (Occupational Therapist, SPARC-India) organized the DPO meeting in which he discussed about its importance and why it is created. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India), **Mr. Manoj Singh** (Occupational Therapist, SPARC-India), 9 PwDs and members from the community.

**(vi) DPO MEETING AT MADIYAON WARD**

A *DPO meeting* was held on **11<sup>th</sup> November 2017** in Semra of Madiyaon Ward, Lucknow. The main aim of the meeting was to create self help groups. In this meeting norms were discussed about the self help groups that it includes 11 members and they all have a joint bank account. It provides financial help for business purpose. **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India) discussed about the importance of self help groups and empowerment of women. The meeting was attended by **Mrs. Shyama Devi** (Field Worker, SPARC-India), **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India), 14 women members from the community.

**(vii) DPO MEETING AT KADAM RASUL WARD**

A *DPO meeting* was held on **18<sup>th</sup> November 2017** in Iradat Nagar of Kadam Rasul Ward, Lucknow. The main aim of the meeting was to provide information about the self help groups to Persons with Disabilities. In the meeting the aims of self help groups and its various roles were discussed. **Mr. Manoj Singh** (Occupational Therapist, SPARC-India) discussed about how it can be created and how it will help the society. The meeting was attended by **Mr. Manoj Singh** (Occupational Therapist, SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India), 6 PwDs and members from the community.

**(viii) DPO MEETING AT AYODHYA DAS WARD**

A *DPO meeting* was held on **18<sup>th</sup> November 2017** in Ali Nagar of Ayodhya Das Ward, Lucknow. The main aim of the meeting was to provide information about the self help groups to Persons with Disabilities. In the meeting the members were told that they can make their groups and invest hundred rupees per month each and link themselves to District Urban Development Agency (DUDA) and after that it will provide ten thousand rupees after six months in their bank account. **Mr. Manoj Singh** (Occupational Therapist, SPARC-India) discussed about the importance of self help groups. The meeting was attended by **Mr. Manoj Singh** (Occupational Therapist, SPARC-India), **Mrs. Shyama Devi** (Field Worker, SPARC-India), 9 PwDs and members from the community.

**(ix) DPO MEETING AT KADAM RASUL WARD**

A *DPO meeting* was held on **4<sup>th</sup> December'2017** in Shahdaushi Baba ki Dargah of Kadam Rasul Ward, Lucknow. The main aim of the meeting was to discuss about the types of Disabilities with Persons with Disabilities (PwDs). In this meeting discussion was on various types of disabilities like cerebral palsy, hearing impairment, visual impairment, mental

retardation etc, what are the challenges faced by such persons and how can they deal with their problems. **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India) discussed about various types of disabilities and their rehabilitation. The meeting was attended by **Mr. Santosh Tiwari** (Physiotherapist, SPARC-India), **Ms Shaheen** (Field Worker, SPARC-India), 7 PwDs and members from the community.

**(x) DPO MEETING AT FAIZULLAHGANJ-II WARD**

A *DPO meeting* was held on **13<sup>th</sup> December 2017** in Yash Nagar of Faizullahganj-II Ward, Lucknow. The main aim of the meeting was to provide title names to the groups formed. In this meeting every member provided their suggestions for group title name and through voting system the group was titled by a name “Ekta Samuh” with everyone’s approval. **Mr. Manoj Singh** (Occupational Therapist, SPARC-India) organized the DPO meeting in which the members decided the title name for the group with everyone’s approval. The meeting was attended by **Ms Shaheen** (Field Worker, SPARC-India), **Mr. Manoj Singh** (Occupational Therapist, SPARC-India), 9 PwDs and members from the community.

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